



SUGGESTED ITEMS

CANDY

- INDIVIDUALLY WRAPPED
- THROAT DROPS
- TWIZZLERS

CORRESPONDENCE

- WRITING PAPER
- ENVELOPES
- PENS/PENCILS

TOILETRIES/HYGIENE*

- TOOTHBRUSHES
- TOOTHPASTE
- FLOSS
- BABY WIPES
- SHAMPOO
- DEODORANT
- FOOT POWDER
- LOTION
- Q-TIPS
- RAZORS
- SUNSCREEN
- TYLENOL
- FEMININE HYGIENE PRODUCTS

DRINK

- COFFEE (INSTANT)
- CREAMER
- INDIVIDUAL DRINK MIXES

FOOD

- OATMEAL (INSTANT)
- RAMEN NOODLES
- GRANOLA BARS
- BEEF JERKY/SLIM JIMS
- INDIVIDUALLY WRAPPED COOKIES AND CRACKERS
- CANNED FRUIT (POP TOP CANS)
- GUM
- SUGAR PACKETS
- RAVIOLI (POP TOP CANS)
- TUNA KITS

OTHER

- BATTERIES (AA, D, ETC.)
- BUG SPRAY
- DUCT TAPE
- FLASHLIGHTS (MINI/MAG LIGHT)
- FANS (BATTERY POWERED)
- FLY STRIPS & SWATTERS
- SOCKS (WHITE, CALF HIGH)
- SUDOKU/CROSSWORD BOOKS

*NOTES

- FULL-SIZE AND TRAVEL-SIZE TOILETRIES ARE ACCEPTABLE.
- SEAL SOAP/TOILETRIES WELL WHEN IN THE SAME PACKAGE AS FOOD ITEMS.
- POSTCARDS/LETTERS ARE A GREAT ADDITION TO THE CARE PACKAGES, THEY CAN BE PRE-ADDRESSED. NO NEED FOR A STAMP.
- ITEMS CAN BE ORDERED ONLINE AT SAM'S CLUB, COSTCO'S AND BJ'S AND SHIPPED TO US FOR FREE.

Greetings Pohick! This year, for our EYC Advent Outreach, we will be supporting Operation Shoebox, which is the following:

Located in Belleview, Florida, Operation Shoebox embraces a practical mission of providing hands-on support for our troops deployed overseas and returning home. Operation Shoebox's mission is to meet every hero's needs with dignity and appreciation. Whether it looks like packing coffee, socks, toothpaste, and sports gear into care packages or sending letters of encouragement, like organizing fundraisers or collecting supplies for homeless veterans, Operation Shoebox treats every hero with care and honor.

Here is a list of needs from our deployed troops. You can donate in designated boxes on the parish house's first floor by Sunday Dec. 10. We are also requesting \$10 donations for shipping costs (which can also be made by our boxes). On our final EYC meeting this year (Dec. 10), we will be packing boxes to ship. If you have any questions, please email our Youth minister, Aaron Ross (Aross@vts.edu).

Thank you, and Merry Christmas!