

Pohick Episcopal Church • March 7, 2021 • 9:00 am  
 Third Sunday in Lent • Holy Eucharist Rite II  
 Facebook Live from inside historic Pohick Church • BCPonline.org, p. 351

Opening Welcome

Prelude *My Jesus calls to me*

*Brahms*

Processional Hymn 471 *We sing the praise of him who died*

1 We sing the praise of him who died, of  
 2 In - scribed up - on the cross we see in  
 3 The cross: it takes our guilt a - way, and  
 4 It makes the cow - ard spi - rit brave, and  
 5 The balm of life, the cure of woe, the

1 him who died up - on the cross; the sin - ner's hope let  
 2 shin - ing let - ters, God is love; he bears our sins up -  
 3 holds the faint - ing spi - rit up; it cheers with hope the  
 4 nerves the fee - ble arm for fight; it takes its ter - ror  
 5 mea - sure and the pledge of love, the sin - ner's re - fuge

1 sin de - ride: for this we count the world but loss.  
 2 on the tree: he brings us mer - cy from a - bove.  
 3 gloom - y day, and sweet - ens ev - ery bit - ter cup.  
 4 from the grave, and gilds the bed of death with light.  
 5 here be - low, the an - gels' theme in heaven a - bove.

Words: Thomas Kelly (1769-1855), alt. Music: Breslau, melody from *Lochamer Gesangbuch*, ca. 1450; harm. Felix Mendelssohn (1809-1847)

Celebrant Bless the Lord who forgives all our sins;

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People *His mercy endures for ever.*

**The Decalogue: Contemporary** (*please kneel if you are able*)

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Celebrant Hear the commandments of God to his people: I am the Lord your God who brought you out of bondage. You shall have no other gods but me.

*People Amen. Lord have mercy.*

Celebrant You shall not make for yourself any idol.

*People Amen. Lord have mercy.*

Celebrant You shall not invoke with malice the Name of the Lord your God.

*People Amen. Lord have mercy.*

Celebrant Remember the Sabbath day and keep it holy.

*People Amen. Lord have mercy.*

Celebrant Honor your father and your mother.

*People Amen. Lord have mercy.*

Celebrant You shall not commit murder.

*People Amen. Lord have mercy.*

Celebrant You shall not commit adultery.

*People Amen. Lord have mercy.*

Celebrant You shall not steal.

*People Amen. Lord have mercy.*

Celebrant You shall not be a false witness.

*People Amen. Lord have mercy.*

Celebrant You shall not covet anything that belongs to your neighbor.

*People Amen. Lord have mercy.*

Celebrant Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these." *Mark 12:29-31*

Celebrant Let us confess our sins against God and our neighbor.

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*Celebrant and People*

*Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.*

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

Ho - ly God, Ho - ly and Might - y,

Ho - ly Im - mor - tal One, Have mer - cy up - on us.

**The Collect for the Third Sunday in Lent**

Celebrant The Lord be with you.

People *And also with you.*

Celebrant Let us pray.

Celebrant Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

**The Lessons**

Reader A Reading from Exodus (20:1-17)

Then God spoke all these words:

I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made

heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it.

Honor your father and your mother, so that your days may be long in the land that the Lord your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

Reader     The Word of the Lord.

People     *Thanks be to God.*

**Psalm 19** (in unison)

*Caeli enarrant*

1 The heavens declare the glory of God, \*  
and the firmament shows his handiwork.

2 One day tells its tale to another, \*  
and one night imparts knowledge to another.

3 Although they have no words or language, \*  
and their voices are not heard,

4 Their sound has gone out into all lands, \*  
and their message to the ends of the world.

5 In the deep has he set a pavilion for the sun; \*  
it comes forth like a bridegroom out of his chamber;  
it rejoices like a champion to run its course.

6 It goes forth from the uttermost edge of the heavens  
and runs about to the end of it again; \*  
nothing is hidden from its burning heat.

7 The law of the Lord is perfect  
and revives the soul; \*  
the testimony of the Lord is sure  
and gives wisdom to the innocent.

8 The statutes of the Lord are just  
and rejoice the heart; \*  
the commandment of the Lord is clear  
and gives light to the eyes.

9 The fear of the Lord is clean  
and endures for ever; \*  
the judgments of the Lord are true  
and righteous altogether.

10 More to be desired are they than gold,  
more than much fine gold, \*  
sweeter far than honey,  
than honey in the comb.

11 By them also is your servant enlightened, \*  
and in keeping them there is great reward.

12 Who can tell how often he offends? \*  
cleanse me from my secret faults.

13 Above all, keep your servant from presumptuous sins;  
let them not get dominion over me; \*  
then shall I be whole and sound,  
and innocent of a great offense.

14 Let the words of my mouth and the meditation of my  
heart be acceptable in your sight, \*  
O Lord, my strength and my redeemer.

Reader A Reading from 1 Corinthians (1:18-25)

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,  
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength.

Reader The Word of the Lord.

People *Thanks be to God.*

Celebrant The Holy Gospel of our Lord Jesus Christ according to John (2:13-22)

People *Glory to you, Lord Christ.*

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

Celebrant The Gospel of the Lord.

People *Praise to you, Lord Christ.*

**Sermon** Adam Lees, *VTS Seminarian*

**The Nicene Creed** (*stand*)

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*Celebrant and People*

*We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.*

*We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.*

*We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.*

**The Prayers of the People Form VI**

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Reader In peace, we pray to you, Lord God. (*silence*)

Reader For all people in their daily life and work;

People *For our families, friends, and neighbors, and for those who are alone.*

Reader For this community, the nation, and the world;

People *For all who work for justice, freedom, and peace.*

Reader For the just and proper use of your creation;  
*People For the victims of hunger, fear, injustice, and oppression.*

Reader For an end to this pandemic, and for all who are in danger, sorrow, or any kind of trouble;  
*People For those who minister to the sick, the friendless, and the needy.*

Reader For the peace and unity of the Church of God;  
*People For all who proclaim the Gospel, and all who seek the Truth.*

Reader For Michael, our presiding bishop; for Susan, Jennifer, and Porter, our bishops; Lynn and Alex, our Priests; and for all bishops and other ministers;  
*People For all who serve God in his Church.*

Reader For the special needs and concerns of this congregation, especially for Kristy Girten, the Nelson Family, Penelope Mann, Kenneth Minter, Archie Taylor and family, Erika Knudsen, Haydee Sparks, Peter Thomas, Tom Murphy, Carole Fischer, Joan Parsons, Adrian McCabe, Willy Lowel, Suzi Scott, Sharon Michel, Bryan Tuccillo, Victoria Sackett, D'Andrea Wooten, Joan Egan, Bill Hosp, Margery, Jack Florio, Tim Dwyer, William Low, Simon Delgado, Stan Coss, James King, Funmi Oduolowu, Fiona, Harry Petrie, Raymond Hawthorne, Susan Yarwood, Diane, Jim, Mary Hoffman, Jim and Lynn Anderholm, Carol and Glenn Larkin, Sr., Cindy Johnston, Tom Bland, Pam Botts, Millie Kiefer, Jim Bloom, Nancy Bireley, Femi Ayorinde, Sandra Christian, Ben Egan, Darryl Sebastian, Francine Brailsford, Shelby Sternberg, Chandra Zinola, Sandy Hand, Roy Baumann, Bill Poad, Travis and Karen Gossett, Victoria Kramer, Clarence Walker, Joan Davis, Meredith Allen, and Linda Patterson.

*Silence. The people may add their own petitions.*

Reader Hear us Lord;  
*People For your mercy is great.*

Reader We pray for all first responders who continue to care for the sick and most vulnerable, especially for Elizabeth Mann, Dr. Kevin Botts, Will Prados, Julie Kiefer, Karen; Laura; Jennifer; Dr. Will Edmonson; Kathe Hannis Clark RN, Michelle Alley Sherrod, RN, Alison Brown Tuttle; Sara Mulhern, Nathan Crane, Dr. Susanne Roberts, Dr. Richard Yoon, Lindsey Chapman, Taylor Bireley, Chris Johnson, Grace Agar, Lt Anthony Marsico, Jr, Dr. Laurie Mortara, Melissa, Laura, Ashley, Avery, Chase, Teddy, Elizabeth Bartkowiak, Davis Sessums, Dr. Tony Slavinski, Christian Lavenski RN, Robert Foresman, Alex Foresman, Katie Arnhart, Dr. George Smallfield III, Dr. Melissa Smallfield, Patrick Burkey, Dr. John Orona, Dr. Devon Watson, Dr. Megan Sise, Dr. Uulana Bodnar, Ashley Nicholson, Kathy Vitale, Christian Ewaskiewicz, RN, Kathy Aagesen; Justin and Nora Scot, Susan Plain, Lea Schmitt, Chris Stone, Lisa Keill, Alison Tompkins, Sheriden Floyd RN, William Low, Cameron Craig, Christina Petty, RN, Courtney Hayward, RN, Rachel Mazerolle, RN, Dr. Sunmolu Beckley, Dr. Maxwell James, Dr. Cameron Webb, Dr. Adrian Ambrose, Funmilayo Onipede, Nicole Habel, Haley Sanchez, Funmilayo Abiara, Annie Hammer, Ty Ashworth, Rose Kepnang, Alyssa Craig, Carmen Watson, Tom, Bailey, Dr. Alley Ronaldi, Melissa Villamoor, Dr. Dan Derbes III, Danielle Derbes, PA, Anna Delania and Tracy Torseth, RNs.

Reader Hear us, Lord;  
*People For your mercy is great.*

Reader We thank you, Lord, for all the blessings of this life, especially for those having birthdays this week: Joannene Maynard, Kerry Coleman-Proksch, Stephen Ferlazzo, Robert Powell, Lynn Anderholm, Lauren Mullins, Randy Atkinson, Ben Norman, Rhett Strawderman, Steven Alfieris, and Sandra Dawson.

*Silence. The people may add their own thanksgivings.*

Reader We will exalt you, O God our King;  
People *And praise your Name for ever and ever.*

Reader We pray for all who have died, that they may have a place in your eternal kingdom, especially for Carl Cunningham, brother of Cathy Foster. We also pray for Paul Leach, former, beloved Pohickian.

*Silence. The people may add their own petitions.*

Reader Lord, let your loving-kindness be upon them;  
People *Who put their trust in you.*

Reader We pray for our members who serve our country, particularly those overseas, and their families: Arch Wilson, Ryan Moatta, Rick Church, Katie Weber, Jesse Grimm, and Marty Wilson.

Reader We pray for Christians and others around the world, especially those in Burma, China, Nigeria, and North Korea, who continue to face persecution for their faith.

Reader We pray for peace in the Middle East, and for the Church in Syria, Iraq, Egypt, and Israel.

Reader In the Diocese of Virginia, we pray for the Potomac Region churches: All Saints, Sharon Chapel, Alexandria; Church of the Spirit, Alexandria; La Iglesia de San Marcos, Alexandria; Olivet, Alexandria; Pohick, Lorton; St. Aidan's, Alexandria; St. James', Mt. Vernon, Alexandria; St. Luke's, Wellington, Alexandria; St. Margaret's, Woodbridge; and St. Mark's, Alexandria.

### **The Peace** (*stand*)

Celebrant The peace of the Lord be always with you.

People *And also with you.*

### **Announcements** (*sit*)

Celebrant Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God. *Ephesians 5:2*

**Offertory Solo** *Forty days and forty nights*

1 2

4 Praise God, from whom all bless - ings flow; praise  
 him, all crea - tures here be - low; praise him a - bove, ye  
 heaven - ly host: praise Fa - ther, Son, and Ho - ly Ghost.

Words: Thomas Ken (1637-1711) Music: *The English Tune*, Thomas Tallis (1505?-1585); adapt. *Hymnal 1982* Copyright © The Church Pension Fund. All rights reserved. Used with permission.

**The Great Thanksgiving: Eucharistic Prayer A**

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Celebrant The Lord be with you.

*People And also with you.*

Celebrant Lift up your hearts.

*People We lift them to the Lord.*

Celebrant Let us give thanks to the Lord our God.

*People It is right to give him thanks and praise.*

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Through Jesus Christ our Lord, who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*Celebrant and People*

*Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest. Blessed is he who comes in the name of the Lord. Hosanna in the highest.*

*Celebrant* Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

*At the following words concerning the bread, the Celebrant is to hold it, or to lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.*

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, we proclaim the mystery of faith.

*Celebrant and People*

*Christ has died.*

*Christ is risen.*

*Christ will come again.*

*Celebrant* We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

And now, as our Savior Christ has taught us, we are bold to say,

*The Lord's Prayer*

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*Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done, on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation  
but deliver us from evil.  
For thine is the kingdom, and the power,  
and the glory, for ever and ever. Amen.*

## **Breaking of the Bread**

*The Celebrant breaks the consecrated Bread.*

*Celebrant* Christ our Passover is sacrificed for us;

*People* Therefore let us keep the feast.

## Agnus Dei

*Celebrant and People*

*O Lamb of God, that takest away the sins of the world,  
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,  
have mercy upon us.*

*O Lamb of God, that takest away the sins of the world,  
grant us thy peace.*

*Celebrant* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

## The Invitation

*Celebrant* The Body of Christ, the bread of heaven. [*Amen.*]

The Blood of Christ, the cup of salvation. [*Amen.*]

## Prayer of Spiritual Communion

*Celebrant and People*

*Lord Jesus, I believe that You are present in the Sacrament of the Eucharist. I love You above all things, and I desire to receive You. Since during this pandemic I cannot receive You sacramentally, come spiritually into my heart. I embrace You, knowing that You are already here. I unite myself to You and to the entire Body of Christ. Never permit me to be separated from You. Let my hunger and longing for your Body and Blood deepen my compassion for others who are hungry, sick, and suffering. And as we return to our fellowship one day, we will discern with joy just how precious the Body of Christ truly is!" Amen.*

## Blessing

**Recessional** Hymn 313 *Let thy Blood in mercy poured*



1 Let thy Blood in mer - cy poured, let thy gra - cious  
2 Thou didst die that I might live; bless - ed Lord, thou  
3 By the thorns that crowned thy brow, by the spear-wound  
4 Wilt thou own the gift I bring? All my pen - i -

Bo - dy bro - ken, be to me, O gra - cious Lord,  
 cam'st to save me; all that love of God could give  
 and the nail - ing, by the pain and death, I now  
 tence I give thee; thou art my ex - alt - ed King,

*Refrain*

of thy bound-less love the to - ken.  
 Jes - us by his sor - rows gave me. Thou didst give thy -  
 claim, O Christ, thy love un - fail - ing.  
 of thy match-less love for - give me.

self for me, now I give my - self to thee.

Words: John Brownlie (1859-1925) Music: *Jesus, meine Zuversicht*, melody Johann Cruger (1598-1662); harm. after *The Chorale Book for England*, 1863

## Dismissal

Priest *(Sentence of dismissal)*

People *Thanks be to God.*

## Postlude *Prelude in g minor*

*Brahms*

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Celebrant: The Reverend Dr. Lynn P. Ronaldi, *Rector*  
 Preacher: Adam Lees, *VTS Seminarian*  
 Lay Eucharist Minister: Nancy Sage  
 Organist: Linda Wilberger Egan, *SMM*  
 Acolyte: Andrew Biddlecomb  
 Soloist: Anne Derbes, *contralto*

## ANNOUNCEMENTS

- The **Wednesday Night Lenten Program**, “Resting in the Lord: Repentance, Renewal and Resurrection,” continues this Wednesday, March 10, at 7:00 pm via Zoom. Adam Lees, VTS Seminarian, will host the program, *Julian of Norwich and Contemplating Nature*. Watch for weekly emails that share the Zoom link.
- Please join us at 11:00 am today for **Just Mercy**, a Book, Bible, and Movie Study that examines questions of justice, based on the book by Bryan Stephenson. Study led by Michael Wooten and Rev. Lynn. If you have not already registered, please visit website at [pohick.org](http://pohick.org) to register so your email can be added to the class roster.
- Two **Adult Bible Studies** are being offered Sunday evenings via Zoom, 7:00 pm to 8:00 pm. *You can join at any time!* Visit our website to register so the Zoom meeting details can be emailed to you.
  - Exile and Return from Exile**, addresses how the people of God encounter God in the midst of challenging times, led by Tony Harriman. Class open to women and men! Email Tony to register for class, [harrimanawh@yahoo.com](mailto:harrimanawh@yahoo.com), or register online at [pohick.org](http://pohick.org).
  - Being Community** - Mission: gathering weekly via Zoom with a community of women to share life experiences, ask questions, and explore how to navigate uncertain times. Visit website to register or email Amy, [Amy.L.Bontrager@gmail.com](mailto:Amy.L.Bontrager@gmail.com).
- Join us at 9:00 am on **Sunday, March 14, for Morning Prayer Rite II**. The service will be streamed live on Facebook. Visit [pohick.org](http://pohick.org) for link.
- **Great good news:** If COVID numbers hold or continue their decline, we plan to hold two outdoor Eucharists on Palm Sunday and three on Easter Sunday! Alleluia!

### Pohick Episcopal Church

*The Reverend Dr. Lynn P. Ronaldi, Rector*

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Home Church of George Washington and George Mason

*Embracing the Past, Welcoming in the Present, Transforming for the Future*