

# Pohick Episcopal Church

August 23, 2020 • The Twelfth Sunday after Pentecost • Morning Prayer Rite II

Facebook Live from the Pohick Church Courtyard • BCPonline.org, p.78

## Opening Welcome

Prelude *Prelude on "Brother James' Air"*

Wright

Officiant I was glad when they said to me, "Let us go to the house of the Lord." *Psalm 122:1*

Officiant Let us confess our sins against God and our neighbor.

## Officiant and People

*Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.*

Officiant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit, keep you in eternal life. *Amen.*

## The Invitatory and Psalter

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Officiant Lord, open our lips.

People *And our mouth shall proclaim your praise.*

## Officiant and People

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.*

## Venite *Psalm 95:1-7*

Come, let us sing to the Lord; \*

let us shout for joy to the Rock of our salvation.

Let us come before his presence with thanksgiving \*

and raise a loud shout to him with psalms.

For the Lord is a great God, \*

and a great King above all gods.

In his hand are the caverns of the earth, \*

and the heights of the hills are his also.

The sea is his, for he made it, \*

and his hands have molded the dry land.

Come, let us bow down, and bend the knee, \*

and kneel before the Lord our Maker.

For he is our God,

and we are the people of his pasture and the sheep of his hand. \*

Oh, that today you would hearken to his voice!

**Psalm 124** (in unison)

*Nisi quia Dominus*

1 If the Lord had not been on our side, \*  
let Israel now say;

2 If the Lord had not been on our side, \*  
when enemies rose up against us;

3 Then would they have swallowed us up alive \*  
in their fierce anger toward us;

4 Then would the waters have overwhelmed us \*  
and the torrent gone over us;

5 Then would the raging waters \*  
have gone right over us.

6 Blessed be the Lord! \*  
he has not given us over to be a prey for their teeth.

7 We have escaped like a bird from the snare of the fowler; \*  
the snare is broken, and we have escaped.

8 Our help is in the Name of the Lord, \*  
the maker of heaven and earth.

*Officiant and People*

*Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now,  
and will be forever. Amen.*

**The Lessons**

Reader A Reading from Exodus (1:8-2:10)

Now a new king arose over Egypt, who did not know Joseph. He said to his people, "Look, the Israelite people are more numerous and more powerful than we. Come, let us deal shrewdly with them, or they will increase and, in the event of war, join our enemies and fight against us and escape from the land." Therefore they set taskmasters over them to oppress them with forced labor. They built supply cities, Pithom and Rameses, for Pharaoh. But the more they were oppressed, the more they multiplied and spread, so that the Egyptians came to dread the Israelites. The Egyptians became ruthless in imposing tasks on the Israelites, and made their lives bitter with hard service in mortar and brick and in every kind of field labor. They were ruthless in all the tasks that they imposed on them.

The king of Egypt said to the Hebrew midwives, one of whom was named Shiphrah and the other Puah, "When you act as midwives to the Hebrew women, and see them on the birthstool, if it is a boy, kill him; but if it is a girl, she shall live." But the midwives feared God; they did not do as the king of Egypt commanded them, but they let the boys live. So the king of Egypt summoned the midwives and said to them, "Why have you done this, and allowed the boys to live?" The midwives said to Pharaoh, "Because the Hebrew women are not like the Egyptian women; for they are vigorous and give birth before the midwife comes to them." So God dealt well with the midwives; and the people multiplied and became very strong. And because the midwives

feared God, he gave them families. Then Pharaoh commanded all his people, "Every boy that is born to the Hebrews you shall throw into the Nile, but you shall let every girl live."

Now a man from the house of Levi went and married a Levite woman. The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him three months. When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. His sister stood at a distance, to see what would happen to him.

The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. When she opened it, she saw the child. He was crying, and she took pity on him, "This must be one of the Hebrews' children," she said. Then his sister said to Pharaoh's daughter, "Shall I go and get you a nurse from the Hebrew women to nurse the child for you?" Pharaoh's daughter said to her, "Yes." So the girl went and called the child's mother. Pharaoh's daughter said to her, "Take this child and nurse it for me, and I will give you your wages." So the woman took the child and nursed it. When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, "because," she said, "I drew him out of the water."

Reader     The Word of the Lord.  
People     *Thanks be to God.*

Canticle 12     **A Song of Creation** (in unison)  
                    *Benedicite, omnia opera Domini*

*I The Cosmic Order*

Glorify the Lord, you angels and all powers of the Lord, \*  
    O heavens and all waters above the heavens.  
Sun and moon and stars of the sky, glorify the Lord, \*  
    praise him and highly exalt him for ever.  
Glorify the Lord, every shower of rain and fall of dew, \*  
    all winds and fire and heat.  
Winter and Summer, glorify the Lord, \*  
    praise him and highly exalt him for ever.

Glorify the Lord, O chill and cold, \*  
    drops of dew and flakes of snow.  
Frost and cold, ice and sleet, glorify the Lord, \*  
    praise him and highly exalt him for ever.

Glorify the Lord, O nights and days, \*  
    O shining light and enfolding dark.  
Storm clouds and thunderbolts, glorify the Lord, \*  
    praise him and highly exalt him for ever.

*III The People of God*

Let the people of God glorify the Lord, \*  
    praise him and highly exalt him for ever.  
Glorify the Lord, O priests and servants of the Lord, \*  
    praise him and highly exalt him for ever.

Glorify the Lord, O spirits and souls of the righteous, \*  
praise him and highly exalt him for ever.  
You that are holy and humble of heart, glorify the Lord, \*  
praise him and highly exalt him for ever.

*Doxology*

Let us glorify the Lord: Father, Son, and Holy Spirit; \*  
praise him and highly exalt him for ever.  
In the firmament of his power, glorify the Lord, \*  
praise him and highly exalt him for ever.

Reader A Reading from Romans (12:1-8)

I appeal to you therefore, brothers and sisters, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewing of your minds, so that you may discern what is the will of God - what is good and acceptable and perfect.

For by the grace given to me I say to everyone among you not to think of yourself more highly than you ought to think, but to think with sober judgment, each according to the measure of faith that God has assigned. For as in one body we have many members, and not all the members have the same function, so we, who are many, are one body in Christ, and individually we are members one of another. We have gifts that differ according to the grace given to us: prophecy, in proportion to faith; ministry, in ministering; the teacher, in teaching; the exhorter, in exhortation; the giver, in generosity; the leader, in diligence; the compassionate, in cheerfulness.

Reader The Word of the Lord.  
People Thanks be to God.

Hymn 525 *The Church's one foundation*

1 The Church's one foun - da - tion is Je - sus Christ her Lord;  
2 E - lect from ev - ery na - tion, yet one o'er all the earth,  
3 Though with a scorn - ful won - der men see her sore op - pressed,  
4 Mid toil and tri - bu - la - tion, and tu - mult of her war  
5 Yet she on earth hath un - ion with God, the Three in One,  
1 she is his new cre - a - tion by wa - ter and the word:  
2 her char - ter of sal - va - tion, one Lord, one faith, one birth;  
3 by schi - sms rent a - sun - der, by her - e - sies dis - tressed;  
4 she waits the con - sum - ma - tion of peace for ev - er - more;  
5 and mys - tic sweet com - mun - ion with those whose rest is won.

1 from heaven he came and sought her to be his ho - ly bride;  
 2 one ho - ly Name she bless - es, par - takes one ho - ly food,  
 3 yet saints their watch are keep - ing, their cry goes up, "How long?"  
 4 till with the vi - sion glo - rious her long - ing eyes are blessed,  
 5 O hap - py ones and ho - ly! Lord, give us grace that we

1 with his own blood he bought her, and for her life he died.  
 2 and to one hope she press - es, with ev - ery grace en - dued.  
 3 and soon the night of weep - ing shall be the morn of song.  
 4 and the great Church vic - to - rious shall be the Church at rest.  
 5 like them, the meek and low - ly, on high may dwell with thee.

Words: Samuel John Stone (1839-1900) Music: *Aurelia*, Samuel Sebastian Wesley (1810-1876)

**Reader** A Gospel Reading from Matthew (16:13-20)

When Jesus came into the district of Caesarea Philippi, he asked his disciples, "Who do people say that the Son of Man is?" And they said, "Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the prophets." He said to them, "But who do you say that I am?" Simon Peter answered, "You are the Messiah, the Son of the living God." And Jesus answered him, "Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven, and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven." Then he sternly ordered the disciples not to tell anyone that he was the Messiah.

**Reader** The Word of the Lord.

**People** Thanks be to God.

**Sermon** The Rev. Alex Allain

**The Apostles' Creed** *Officiant and People*

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*I believe in God, the Father almighty, creator of heaven and earth;*

*I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the*

*Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead.*

*On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father.*

*He will come again to judge the living and the dead.*

*I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins,*

*the resurrection of the body, and the life everlasting. Amen.*

## The Prayers

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Officiant The Lord be with you.

People *And also with you.*

Officiant Let us pray.

### *Officiant and People*

*Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.*

Officiant Show us your mercy, O Lord;

People *And grant us your salvation.*

Officiant Clothe your ministers with righteousness;

People *Let your people sing with joy.*

Officiant Give peace, O Lord, in all the world;

People *For only in you can we live in safety.*

Officiant Lord, keep this nation under your care;

People *And guide us in the way of justice and truth.*

Officiant Let your way be known upon earth;

People *Your saving health among all nations.*

Officiant Let not the needy, O Lord, be forgotten;

People *Nor the hope of the poor be taken away.*

Officiant Create in us clean hearts, O God;

People *And sustain us with your Holy Spirit.*

### Collect for the Twelfth Sunday after Pentecost

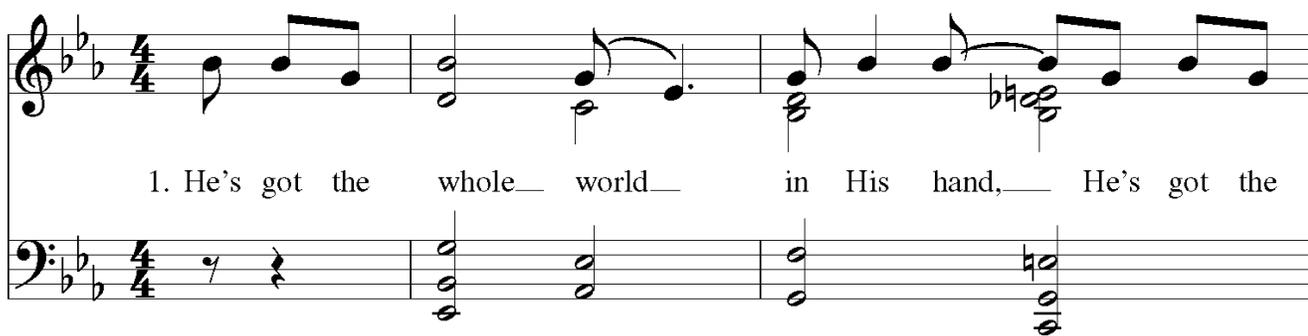
Grant, O merciful God, that your Church, being gathered together in unity by your Holy Spirit, may show forth your power among all peoples, to the glory of your Name; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

### Collect for Guidance in Times of Conflict

O God, you have bound us together in a common life. Help us, in the midst of our struggles for justice and truth, to confront one another without hatred or bitterness, and to work together with mutual forbearance and respect; through Jesus Christ our Lord. *Amen.*

### Collect for Mission

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after you and find you; bring the nations into your fold; pour out your Spirit upon all flesh; and hasten the coming of your kingdom; through Jesus Christ our Lord. *Amen.*



1. He's got the whole world in His hand, He's got the



whole world in His hand, He's got the whole world



in His hand, He's got the whole world in His hand.

2. He's got you and me sister, etc.

3. He's got you and me brother, etc.

4. He's got the pretty little baby, etc.

5. He's got everybody here, etc.

### Intercessions and Thanksgivings

Officiant **Let us pray for all those affected by COVID-19**, by any illness or hunger, or by loss of life, job or home. For all those who are isolated, alone, or discouraged.

**We pray for Pohick Church and all churches who are learning to be community in new ways.**

**We especially pray for an end to the pandemic, and wisdom for our leaders.**

**We pray for an end to racism and all social injustice, for the courage to protest wrongs peacefully, and for an end to the civil unrest and violence in our nation.**

**We pray for family and friends who are first responders, hospital personnel, and fire and rescue personnel**, particularly those who are friends and family: Julie Kiefer, Karen; Laura; Jennifer; Dr. Will Edmonson; Kathe Hannis Clark RN, Michelle Alley Sherrod, RN, Alison Brown Tuttle; Sara Mulhern, Nathan Crane, Dr. Susanne Roberts, Dr. Richard Yoon, Lindsey Chapman, Taylor Bireley, Chris Johnson, Grace Agar, Lt Anthony Marsico, Jr, Dr. Laurie Mortara, Melissa, Laura, Ashley, Avery, Chase, Teddy, Elizabeth Bartkowiak, Davis Sessums, Dr. Tony Slavinski, Christian Lavenski RN, Robert Foresman, Alex Foresman, Katie Arnhart, Dr. George Smallfield III, Dr. Melissa Smallfield, Patrick Burkey, Dr. John Orona,

Dr. Devon Watson, Dr. Megan Sise, Dr. Uulana Bodnar, Ashley Nicholson, Kathy Vitale, Christian Ewaskiewicz, RN, Kathy Aagesen; Justin and Nora Scot, Susan Plain, Lea Schmitt, Chris Stone, Lisa Keill, Alison Tompkins, Sheriden Floyd RN, William Low, Cameron Craig, Christina Petty, RN, Courtney Hayward, RN, Rachel Mazerolle, RN, Dr. Sunmolu Beckley, Dr. Maxwell James, Dr. Cameron Webb, Dr. Adrian Ambrose, Funmilayo Onipede, Nicole Habel, Haley Sanchez, Funmilayo Abiara, Annie Hammer, Ty Ashworth, Rose Kepnang, Alyssa Craig, Carmen Watson, Tom, Bailey, Dr. Alley Ronaldi, Melissa Villamoor, Dr. Dan Derbes III, Danielle Derbes, PA, Anna Delania and Tracy Torseth, RNs.

**We especially pray for those in our parish who are ill, hospitalized, or in need of our prayers:** Kristy Girten, Carol Heintze, Haydee Sparks, D'Andrea Wooten, Angel Sanchez, Joan Egan, Bryan Tuccillo, Jack Oates, James Lanningham, Diana Hinton, Jehl and Amy Palvado, Robert Froman, Harriet Sweetser, Skip Schultz, Kelly Decesaris, Beba, Jennifer Downham, Carmen Meyer, Virginia Rouse, George Crump, Bill Hosp, Patty Graham, Vicki Albert, Jack Florio, Tosin Onipede, Matt, Tom, Mary Egress, Robin Davidson, Bonnie and Dave Norem, Kristin Latter, Sydney, Becky Wagner, Pam Botts, Tom Jacobus, Gwen Thompson, the Burroughs family, Joan Parsons, Michael Cook, The Rt. Rev. Susan Goff, Steven, Diann Hawks, William Brownlee, Robert Foresman, Gordon Brown, Tom Murphy, Jr., Peter Thomas, Dotty Godley, Marsha Tonkin, Anne Derbes, Margo Naranjo, Domenic Lee, Victoria Sackett, Buddy and Martha Lou Derrick, Manis Khera, Donna Phillips, Rebecca Fry, Mandy, Anne Sandland, Carole, and Roy Baumann.

**We pray for those having birthdays this week:** Olufemi Ayorinde, Matthew Daw, Cathy McCullough, Lawrence Rose, James Bartholomew, Teresa Broadbent, Marleen McCabe, Cyrena Eitler, Paul Grant, Theresa Look, Antonio Look, William Vaughn, Jacob Hodges, Susan Tinker, Daniel Uribe, William Patton, John Pionzio, William Prados, Jennifer Tatum, Katherine Vaughn, Greg Wise, and Carly Ronaldi.

**We pray for our members who serve our country,** particularly those overseas, and their families: John Winston, Tony Winston, Arch Wilson, Ryan Moatta, Jacob Remaly, Rick Church, Katie Weber, Jesse Grimm, and Marty Wilson.

**We pray for Christians and others around the world,** especially those in Burma, China, Nigeria, and North Korea, who continue to face persecution for their faith.

**We pray for peace in the Middle East,** and for the Church in Syria, Iraq, Egypt, and Israel.

**In the Diocese of Virginia, we pray for** Sunday School teachers and Youth leaders.

*Other intercessions may be typed in Facebook comments, or spoken aloud or in silence.*

## **The General Thanksgiving**

### *Officiant and People*

*Almighty God, Father of all mercies, we your unworthy servants give you humble thanks for all your goodness and loving-kindness to us and to all whom you have made. We bless you for our creation, preservation, and all the blessings of this life; but above all for your immeasurable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we pray, give us such an awareness of your mercies, that with truly thankful hearts we may show forth your praise, not only with our lips, but in our lives, by giving up ourselves to your service, and by walking before you in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with you and the Holy Spirit, be honor and glory throughout all ages. Amen.*

### A Prayer of St. Chrysostom

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions

as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen.

Officiant Let us bless the Lord.

*People Thanks be to God.*

Officiant The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. Amen.

### Closing remarks

### Postlude

*Allegro vivace*

Capocci

Officiant: The Rev. Alex Allain, *Assistant Rector*  
Lay Eucharist Minister Hank Foresman  
Minister of Music: Linda Wilberger Egan, SMM  
Soloist: Margie Prados, *mezzo soprano*  
Acolyte: Sophia Herbert

### Announcements:

- **Next Sunday**, weather permitting, we will celebrate Holy Eucharist Rite I at 8:00 am in the Pohick Church Courtyard. We will livestream Holy Eucharist Rite II at 9:00 am from the Courtyard.
- **Rev. Lynn will be on vacation** through August 27. Please contact Rev. Alex with any pastoral issues.
- **Leaders, please review/update** your ministry descriptions for the website and email to Carmel Hodge as soon as possible, [carmel.hodge@pohick.org](mailto:carmel.hodge@pohick.org).
- **Phase I Worship Outside** will occur outside in the Courtyard (weather permitting) until we are allowed to worship inside the Church Building in Phase II. Up to 50 people can worship together outside, distanced. **There are no age restrictions for outside worship**; please prayerfully discern your own risk and choose.
- **Pohick's Re-Gathering Task Force** has sent its comprehensive Phased II proposal to the Diocese for approval. We will be "ready" when Diocesan health metrics indicate we can return to worship inside the church.

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